

# Strategic Curiosity: The Unknown Superpower

By Anthony Catapano

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## Book Summary

In a world that rewards reaction, *\*Strategic Curiosity\** teaches you how to slow the chaos and think with precision. Drawing on years of disciplined focus, hands-on experience as a Master Dog Trainer, and an artisan's approach to problem-solving, Anthony Catapano reveals how curiosity—when trained strategically—becomes a superpower that sharpens focus, builds resilience, and rewires the way you see opportunity.

## Taglines

- The discipline of wonder.
- Curiosity is not a feeling—it's a strategy.
- Train your curiosity like a weapon. Aim it at your future.
- In a reactive world, the curious mind commands the field.

## Author Bio

Anthony Catapano is a combat veteran and Master Dog Trainer whose life bridges discipline and instinct. After earning his Combat Infantryman Badge in active service, he devoted years to mastering canine behavior—studying how focus, awareness, and trust transform both people and animals. His philosophy, *\*Strategic Curiosity\**, reveals how the same instincts that guide a well-trained dog can guide a purposeful life. He lives in Florida with his son, where they continue to build, train, and explore the world with curiosity and courage.

## Extended Bio

Anthony Catapano's experiences in both the military and behavioral training fields taught him that awareness is the highest form of intelligence. Through combat, he learned precision under pressure; through years of training dogs, he discovered that patience, empathy, and communication are the true levers of control. In *\*Strategic Curiosity: The Unknown Superpower\**, Catapano fuses those lessons into a guide for

mastering focus, anticipation, and self-leadership. His writing blends lived experience, fatherhood, and systems thinking into a philosophy that helps readers harness curiosity as a disciplined, transformative force.

### Author Statement

I never thought I'd be here. I've lived my life through awareness—studying its power and what it reveals about who we are. \*Strategic Curiosity\* is the reflection of that journey. It's who I am inside, written in the language of discipline, instinct, and self-awareness.

If I have one true wish, it's that this book has a positive and meaningful effect on those who need a push. You can transform yourself. You can find peace within.